



## INTEGRATION JOINT BOARD

<b>Date of Meeting</b>	7 May 2024
<b>Report Title</b>	GetActive@Northfield Health & Wellbeing Hub Test of Change update Report.
<b>Report Number</b>	HSCP24.031
<b>Lead Officer</b>	Lynn Morrison
<b>Report Author Details</b>	Grace Milne Senior Project Officer <a href="mailto:gracemilne@Aberdeencity.gov.uk">gracemilne@Aberdeencity.gov.uk</a>
<b>Consultation Checklist Completed</b>	Yes
<b>Directions Required</b>	No
<b>Exempt</b>	No
<b>Appendices</b>	Appendix A – Test of Change Update Report
<b>Terms of Reference</b>	N/A

### 1. Purpose of the Report

The purpose of this report is to update the IJB on the progress of the test of change project to co-locate Health and Care services within a Community Room in the Sport Aberdeen facility at Northfield and share learnings and initial findings from the test of change.

### 2. Recommendations

- 2.1. It is recommended that the Integration Joint Board/Committee:
- Note the progress of this project
  - Approve the approach to further embed the learnings across other hubs.
  - Approve to change the term of “Priority Intervention Hubs” to “Health and Wellbeing Hubs”



## INTEGRATION JOINT BOARD

### 3. Strategic Plan Context

3.1 This project helps support the strategic aim to **Keep People Safe at Home**, creating more opportunities to be treated within community facilities and **Preventing Ill Health** with stronger links to physical health and sports facilities to help support healthy living and life expectancy. This project will help support the following delivery plan objectives

- “Explore how other partners in sports and leisure, can assist in delivering rehabilitation across multiple areas”.
- “Continue the promotion of active lives initiatives including encouraging active travel.”

3.2 [Local Outcome Improvement Plan](#) identifies Northfield as a priority neighbourhood and an area of multiple deprivation. Northfield as an area is an opportunity for a test of change site, as we have seen the area expand recently with new Social and Council Housing developments. This project provides local opportunities for accessible services for the area which will help combat health inequalities. [North Locality Plan here.](#)

3.3 To ensure best use of resources, and to contribute to the Partnership Strategic Aim CT07: to develop cross sector, easily accessible community hubs where a range of services coalesce, all responding to local need. There are currently priority intervention hub model developments throughout Aberdeen City as per the location map in Appendix A. The project looked to focus on prevention and early intervention and rehabilitation in a way that meets local needs outlined within the population needs assessment. Addressing the widening inequalities gap, and recognising the multiple impacts of long-term ill health on people’s physical health, mental health, and social wellbeing.

### 4. Summary of Key Information

4.1 This project set out to trial a programme of health, social care and wellbeing services in a sports facility, bringing services to local communities to have a higher level of outreach to patients and service users engaged in preventative and rehabilitation services. The original project plan set out to test the following;

- a) Pull together like-minded projects looking for test of change sites. E.g.



## INTEGRATION JOINT BOARD

- LOIP COPD Respiratory Project – Increase Pulmonary Rehab uptake by 20% by 2023.
  - Establishment of the Community Respiratory Team
  - Community First Intervention Hub Objectives
  - Strategic Review of Rehabilitation Pathways
- b) provide information at the site for self-referral services to help preventative agenda.
- c) Target area for service uptake – building programmes to engage local population.
- 4.2 Appendix A has an overview of the test of change and the services that have been embedded and tested at the GetActive@Northfield site. There has been some great successes with utilising this space and some of our initial challenges. We have been able to answer majority of our questions regarding our test of change, showing that this project and approach has been a success in enabling attendance, sustained support and engagement in physical activity initiatives.
- 4.3 It has been agreed to continue this approach with the Health and Wellbeing Hub at Northfield into 2024/2025 and to take the learnings from this project as well as the Aberdeen City Vaccination and Wellbeing Hub and spread across our other Priority Intervention Hubs. The group taking forward the Priority Intervention Hub model would like to change the term to Health and Wellbeing Hubs making sure branding, information and a consistency is throughout each hub and fit for the local areas need. This will enable public recognition and help support the Health and Social Care Partnership branding and understanding

## 5. Implications for IJB

### 5.1. Equalities, Fairer Scotland and Health Inequality

This project was set to increase level of health and wellbeing services within the Northfield area. Northfield is a priority neighbourhood. The services that are delivered based within the Health and Wellbeing hub is to help and support uptake and reduce health inequalities in the local area.



## INTEGRATION JOINT BOARD

### 5.2. Financial

There are no direct financial implications arising from the recommendations of this report.

### 5.3. Workforce

The priority intervention hub model allows the workforce more flexibility and responsive to the local need. This model supports workforce to work with partner colleagues more easily. The only consideration for this model and working going forward is capacity for teams are able to spread across a number of sites which will be a consideration when looking at service review or developmental projects.

### 5.4. Legal

There are no direct Legal implications arising from the recommendations of this report

### 5.5. Unpaid Carers

Unpaid Carers are one of the groups considered in terms of accessibility to services and support in their local area.

### 5.6. Information Governance

There are no direct information governance implications arising from the recommendations of this report.

### 5.7. Environmental Impacts

There are no direct environmental impact implications arising from the recommendations of this report.

### 5.8. Sustainability

There are no direct sustainability implications arising from the recommendations of this report.

## 6. Management of Risk



## INTEGRATION JOINT BOARD

### 6.1. Identified risks(s)

There is a risk that services and workforce may have capacity issues working in a distributed model across Health and Wellbeing Hubs. This is mitigated around being scheduling flexible programmes and clinics to support cover and based on need.

There is a risk that if we were not to continue that relationships and partnership working with our Sports and Leisure colleagues would be hindered. This is mitigated against this by ensuring there are annual reviews from both perspectives and opportunities for further partnership working can be explored.

### 6.2. Link to risks on strategic or operational risk register:

This report links to Strategic Risk 6.

*Cause:* Need to involve lived experience in service delivery and design as per Integration Principles.

*Event:* IJB fails to maximise the opportunities created for engaging with our communities.

*Consequences:* Services are not tailored to individual needs; reputational damage; and IJB does not meet strategic aims.